

Roy Miller Running XC Invitational

**SEPTEMBER 5, 2009
WEST GUTH PARK**

Awards

Individual Medals
Top 15 runners
Teams awards
Top 3 Teams

Registration 7:30-9:00

**Additional bus parking
available at TM Middle School**

Entry fees:

50.00 per Varsity Team
45.00 per Sub-Varsity Team
7.00 per individual runners

8AM Coaches/Alumni 5K run
8:30 Girls Varsity 2 mile run
8:50 Boys Varsity 3 mile run
9:15 7th Grade Girls and Boys 2 mile
9:35 8th Grade Boys and Girls 2 mile
10:00 Girls JV 2 mile
10:20 Boys JV 3 mile
10:50 Freshmen Girls and Boys 2 mile


**Contact Person: Paul
Nicolaides—**




CCISD Athletics will
provide water at finish line

Checks payable to
Roy Miller High School


Race Day Running Shirts
available for sale.


Trainers will be on site to
assist for medical needs.

Make checks payable to Roy Miller High School

Roy Miller High School
#1 Buc Boulevard
Corpus Christi, Texas
78408

Phone: 361-878-5100
Fax: 361-883-1928
Email: ptnicolaides@ccisd.us

School Name

Address

Phone

Tee shirts and dry wick running shirts available ss

Waiver: The conditions at West Guth Park are unpredictable, the surface for cross country running is uneven, be sure to make a note of the terrain as you walk the course.. All runners run at their own risk.