

# Conrad Challenge Cross Country Run

**Date:** Saturday, September 19, 2009

**Race Site:** Conrad High School  
7502 Fair Oaks Ave.  
Dallas, TX 75231

**Course:** Girls 2.0 miles  
Boys 3.0 miles  
The course is on the campus of Conrad HS with gradual hills, grass surface, with some crossings on cement (sidewalks & driveways).

**Time Schedule:**

7:30 – 8:30 am Check In  
8:30 JV Girls  
9:00 Varsity Girls  
9:30 JV Boys  
10:00 Varsity Boy

**Awards:** Trophies to the top 2 teams in each division. Awards to the top 15 runners in each division.

**Entry Fees:** Individual \$20.00  
1 Team \$50.00  
2 Teams \$100.00  
3 or more teams \$140.00

**Make Checks Payable and Send to:**

Conrad Booster Club  
c/o David Nelson --- Cross Country  
7502 Fair Oaks Ave.  
Dallas, TX 75231

**Questions:**

Please call or e-mail David Nelson  
(214)802-8180- cell  
[DaNelson@dallasisd.org](mailto:DaNelson@dallasisd.org)- e-mail  
(972)502-2300- school  
(972)502-2301-fax