

13<sup>th</sup> Annual  
2009 Ken Gaston Invitational  
Cross-Country Meet  
Race at the Lake

You are invited to the 13<sup>th</sup> Annual Ken Gaston Cross-Country Invitational Meet on Friday, October 8, 2009. The meet will be held at Lynn Creek Park in Grand Prairie.

**Check In:** 7:00 a.m.

**Start Time:** 8:15 a.m.

**Order of Events:**

5A Varsity Girls  
5A Varsity Boys  
4A-Under Varsity Girls  
4A-Under Varsity Boys  
JV Girls  
JV Boys

**Awards:**

1<sup>st</sup> Place Team Trophies-Varsity & JV  
Runner-up Team Trophies-Varsity & JV  
Top 10 Individual Awards-Varsity  
Top 10 Individual Awards-JV

**Fees:**

Fees are due before October 2, 2009. Teams may pay after this due date up to the day of registration, but a \$25.00 late fee will be assessed. To avoid this late fee, register and pay early.

Individuals	\$10.00
Teams	\$50.00 each team ( 4 teams will be \$200.00)

**Make checks payable to:** Sam Houston High School  
Cross Country  
2000 Sam Houston Drive  
Arlington, Texas 76014

If you have any questions please contact Coach David Hill at:

School: 682-867-8200 or 682-867-8597  
Cell: 817-504-5303  
Fax: 817-801-4505  
Email: dhill@aisd.net

13<sup>th</sup> Annual  
2009 Ken Gaston Cross Country  
Invitational Meet  
October 8, 2009

Yes, my team will participate:

Coach Name: \_\_\_\_\_

School Name: \_\_\_\_\_

School Address: \_\_\_\_\_

City \_\_\_\_\_ Zip Code \_\_\_\_\_

School Phone: \_\_\_\_\_

Home/Cell Phone: \_\_\_\_\_

E-mail address: \_\_\_\_\_

Division(circle):

Varsity 5A girls  
Varsity 5A boys

4A-under Varsity girls  
4A-under Varsity boys

JV girls  
JV boys

To expedite the team check in process and the race results, fax or email a team roster of your runners to us at: ASAP

Fax: 817-801-4505

E-mail: [dhill@aisd.net](mailto:dhill@aisd.net)