

KINGWOOD



Running Mustangs

District

Championships

Boys - 1988, 1993, 1994, 1995, 1996, 1997, 1998, 1999, 2000, 2001, 2002, 2003, 2004, 2005, 2006, 2007, 2008

Girls - 1983, 1986, 1987, 1990, 1991, 1992, 1993, 1994, 1995, 1996, 1997, 1998, 1999, 2000, 2001, 2002, 2003, 2004, 2005, 2006, 2007, 2008

Regional

Championships

Boys - 1992, 1993, 1994, 1995, 1996, 1997, 1998, 1999, 2000, 2001, 2002, 2003

Girls - 1986, 1987, 1990, 1991, 1992, 1993, 1994, 1995, 1996, 1997, 1998, 1999, 2000, 2001, 2002, 2003, 2004, 2005, 2006, 2007, 2008

State Championships

Boys - 1988, 1993, 1994, 1995, 1996, 1997, 1998, 2001

Girls - 1994, 1995, 1997, 2001, 2002, 2004

National Championships

Boys - 1994, 1996, 2001

Christie Burleson
Head Girls Coach

Tate Symons
Head Boys Coach

Larry Gnatzig
Asst. Cross Country/Track

Zoe Simpson
Asst. Cross Country/Track

2701 Kingwood Drive
Kingwood, TX 77339-3714

**KINGWOOD CROSS COUNTRY/ANDY WELLS INVITATIONAL
SATURDAY, SEPTEMBER 26, 2009
KINGWOOD HIGH SCHOOL**

Dear Coach:

We would like to invite you and your Cross Country teams to compete in the 24th annual Andy Wells Invitational. Each team is permitted to run **14 runners in the Varsity Division (designating seven runners)**. In the Sub-Varsity and Freshmen Boys Divisions, schools will be permitted to enter **20 runners**. There is no limit of entries in the Open Race. Include all possible runners on your entry form. **Only designate your top 7 for the Varsity division on the "Team A" entry form.**

LOCATION- Kingwood High School Campus. The race begins on the practice football field behind the tennis courts.

TIME SCHEDULE-

7:20 a.m.-Coaches Meeting
7:30 a.m. -Open Race (If muddy, this race will move to the end.)
8:00 a.m.- Varsity Girls (2.5 miles/4K)
8:30 a.m.- Varsity Boys (3 miles)
9:00 a.m.- Jr. Varsity Girls (2 miles)
9:25 a.m.- Jr. Varsity Boys (3 miles)
9:55 a.m.- Freshmen Boys (2 miles)
10:15 a.m. - Open Middle School (1 mile)
Awards Ceremony

NOTE- THE VARSITY GIRLS WILL RUN 2.5 MILES/4K

COURSE DESCRIPTION- The course is 99% grass, mostly flat, and run in the woods.

ENTRY FEE- The athletic Director's agreement will be honored. Fee for schools not participating in the agreement will be \$50.00 for girls or boys teams and \$80.00 for both.

We hope to see you at the meet. We anticipate another competitive and enjoyable event. Please fill out your intentions and mail them to us at the address below as soon as possible. **WE WILL NEED YOUR TEAM ROSTERS SENT TO US BY MONDAY SEPTEMBER 21. PLEASE SEE THE ATTACHED ENTRY SHEET. PLEASE EMAIL ALL ENTRIES. SEND BOYS ENTRIES TO tate.symons@humble.k12.tx.us AND GIRLS ENTRIES TO Christine.simpson@humble.k12.tx.us.** If you have any questions please call us at (281) 641-7026 or (281) 641-7011.

Sincerely,

Mail Replies to:

Tate Symons (Boys Coach)

Christie Burleson (Girls Coach)

Tate Symons or Christie Simpson
Kingwood High School
2701 Kingwood Drive
Kingwood, TX 77339- 3704

SCHOOL _____	COACH _____
We will attend _____ Varsity Boys _____ Varsity Girls _____ JV Boys _____ JV Girls _____ Freshmen Boys	We will NOT attend _____ Varsity Boys _____ Varsity Girls _____ JV Boys _____ JV Girls _____ Freshmen Boys

EMAIL _____

PHONE _____