



Muenster High School
135 E. Seventh
PO Box 608
Muenster, Texas 76252
Phone: 940 – 759 – 2282
Fax: 940 – 759 – 4614

Dear Coaches,

We are excited to announce our first annual cross country meet at Muenster ISD! We have selected a great site, the Muenster City Park. The date for the meet is September 12th, 2009.

The course is in and around the park just off Hwy 82. The park is heavily shaded by large oak trees. The runners will enjoy not only the shade but some challenging trails through the woods. The runners can expect mostly grass paths with some gravel, asphalt surfaces, and about 100 feet of cement. The course is also very spectator friendly, with much of the final mile being seen from the middle of the park. Public restrooms are available.

No parking will be allowed inside the park. Spectators can park along highway 82 or along surrounding streets. Buses can be parked in a lot just east of the park.

Check-in will begin at 7:30 am at the Stage on the west end of the park. We hope to see you there! Email me with any questions.

Sincerely,

Amy Binder

abinder@muensterisd.net

Head Cross Country Coach

Muenster ISD

Muenster High School
2009 Cross Country Invitational
At The Muenster City Park
Muenster, Texas

“Shade Tree Run”

Date: Saturday, September 12, 2009

Entry deadline Sept 7th

Race Site: Muenster City Park, Muenster Texas

Check-in: 7:30-8:30 a.m.

Races:	8:30 am	Varsity Girls (2 miles) (7 runners max)
	9:00 am	Varsity Boys (3 miles) (7 runners max)
	9:30 am	JV Girls (2 miles) (unlimited runners)
	10:00 am	JV Boys (3 miles) (unlimited runners)
	10:30 am	Junior High Girls (2 miles)
	11:00 am	Junior High Boys (2 miles)

This will be a rolling schedule.

Entry Fee: \$50 each division/team \$150 max
\$10 individual

Awards: Trophies = 1st Team
Medals = 1-15 All divisions

Contact: Amy Binder
Cell: 940-641-0338
School: 940-759-2282
abinder@muensterisd.net

Send checks payable to: Muenster High School Athletics

Send Entry forms to: Muenster High School
Attn: Amy Binder
PO Box 608
Muenster, TX 76252

Muenster High School
2009 Cross Country Invitational
At The Muenster City Park
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“Shade Tree Run”

Coach's name: _____ Home#: _____

School: _____ Work#: _____

School address: _____ City: _____

Email address: _____ Zip: _____

Fax #: _____

Divisions (circle)

Varsity Girls

Varsity Boys

Junior Varsity Girls

Junior Varsity Boys

Junior High Girls

Junior High Boys

Individuals: _____

Mail or Fax entries to:

Amy Binder
Muenster High School
PO Box 608
Muenster, TX 76252
Fax: 940-759-4614

Please return contact information in ASAP.

Entry deadline Sept 7th

