



LUMBERJACK INVITATIONAL

4th Annual

Date/Time: Saturday, September 19, 2009

Tentative Schedule*

8:30am	Varsity Women*	3,200 meters
8:55am	Varsity Men*	5,000 meters
9:20am	JV Women	3,200 meters
9:45am	JV Men	5,000 meters
10:10am	MS Girls	3,200 meters
10:40am	MS Boys	3,200 meters

* varsity races could be divided into divisions based on number of entries

Location: Pecan Acres City Park on Starr Avenue across from the SFA Intramural Fields

Confirmation: Only the first 25 teams confirmed will be guaranteed entry into the meet along with complimentary Brooks apparel for coaches. The confirmation page should be faxed to the Stephen F. Austin athletic department at (936)468-4580.

Entry Fee: \$75 per gender (one fee for JV and Varsity) for the high school competition. The fee for the middle school race is an additional \$50, which includes both the boys and girls. A team bringing both high school men and women with a middle school team would pay \$200 total. Payment can be made on race day by cash or check, filled out to "SFA Track and Field." Please make sure you have the correct amount on your check, no refunds will be issued.

Entry Deadline: Entries will be due on Monday September, 14th by 5:00pm.

Entry Process: Entries must be e-mailed to Brian Ross (rossbrian@sfasu.edu). Please divide your entries into a men's and women's lists, but there is no need to distinguish between varsity, junior varsity, and middle school. Please type the entries in the following format: "Last Name, First Name." No entries will be accepted by mail or fax this year. Any 7 will be allowed to run in the varsity races. There will be unlimited entries in the JV and middle school races.

Meet Homepage: All updated meet information can be found on the meet's homepage by clicking the cross country tab at www.sfajacks.com. The meet's homepage is located on the right hand side under "2009 Brooks Lumberjack Invitational."





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Course: The race will be held in Pecan Acres Park which is located across from the intramural fields on Starr Avenue. It is a loop cross country course that consists of all dirt/grass, 75% of which is shaded. The boys course will consist of two and one half loops and the girls/middle school course will be one and one half loops. Last year's event featured great competition from more than 25 high schools and 700 athletes.

Results: Results will be available thirty minutes after the completion of each race and posted online at the meet's homepage.

Apparel/Concessions: Brooks meet shirts will be available for sale at the meet. PowerAde, soft drinks, and water will also be for sale.

Awards: The top five individuals and two teams in each of the six divisions will receive awards. The head coach from each high school will receive free Brooks apparel.

Medical: Stephen F. Austin will provide a full training staff for the meet. They will be set up one hour before the start of the first race.

Parking: Only school buses will be allowed to park in the main lot at Pecan Acres. Spectators will be able to park on Wilson Drive, which is across the street. Those spectators will have to use caution crossing the road into the park due to heavy traffic. Coaches please advise athletes and parents of this issue.



Please contact the Stephen F. Austin Cross Country office with any questions at 936-468-4062

We look forward to your school's participation





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High School Entry Confirmation

Date/Time: September 19, 2009 - Races will start between 8:00am and 11:00am

Website: Updated meet information can be found on it's homepage by clicking the cross country tab at www.sfajacks.com. The meet's homepage is located on the right hand side under "2009 Brooks Lumberjack Invitational."

Contact: Please contact the cross country office with any questions at 936-468-4062

Confirmation: Please confirm your team's entry by faxing it to the Stephen F. Austin athletic department at (936) 468-4580 or return this form in the enclosed envelope to PO Box 13010 SFA Station ATTN: Cross Country Nacogdoches TX, 75962

School/Class: _____

Coach's Name: _____ Coach's Email: _____

Address: _____

City, State, Zip: _____

Office Phone: _____ Fax: _____

Check the line of the races you will be competing in:

_____ Varsity Boys

_____ Varsity Girls

_____ JV boys

_____ JV Girls





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Jr. High Entry Confirmation

- Date/Time:** September 19, 2009 - Races will start between 8:00am and 11:00am
- Website:** Updated meet information can be found on it's homepage by clicking the cross country tab at www.sfajacks.com. The meet's homepage is located on the right hand side under "2009 Brooks Lumberjack Invitational."
- Contact:** Please contact the cross country office with any questions at 936-468-4062
- Confirmation:** Please confirm your team's entry by faxing it to the Stephen F. Austin athletic department at (936) 468-4580 or return this form in the enclosed envelope to PO Box 13010 SFA Station ATTN: Cross Country Nacogdoches TX, 75962

Jr. High: _____

Coach's Name: _____ Coach's Email: _____

Address: _____

City, State, Zip: _____

Office Phone: _____ Fax: _____

Check the line of the races that you be competing in:

_____ **Jr. High Boys**

_____ **Jr. High Girls**

