

Seymour High School Cross Country Invitational Seymour, Texas

DATE: Saturday, September 12, 2008

WHERE: Seymour Football Stadium

WHO: Varsity Boys & Girls, JV Boys & Girls, Junior High Boys & Girls

DISTANCE: JV & Varsity Girls-2 Miles
JV & Varsity Boys-3 Miles
JH Girls & Boys-2 Miles

CHECK IN: 7:30-8:15 a.m.

ROLLING TIME SCHEDULE: Begins at 8:30 a.m.

JV Girls
Varsity Girls
JV Boys
Varsity Boys
Junior High Girls
Junior High Boys

AWARDS: Trophy to the top team in each division.
Individual awards for the first 10 finishers per division.

FEE: \$5.00 per runner
****MAXIMUM FEE PER SCHOOL \$200****

Make Checks Payable To: *Seymour All-Sports Club*

Send Checks To: Seymour High School
C/O Cross Country
409 W. Idaho
Seymour, TX 76380

Please Email Entries To: courtney.sims@seymour-isd.net

Or fax entries to: (940) 889-3183 or (940) 889-1045

**You may enter as many teams as you wish but only 7 runners max per team. Please list runners' first and last names.

Entry deadline is **Tuesday, September 8.

Varsity Boys

JV Boys

Varsity Girls

JV Girls

JH Boys

JH Girls
