

# Union Grove Cross Country Invitational

Union Grove HS  
P.O. Box 1447  
Gladewater, Tx. 75647  
(903)845-5506  
Fax (903) 845-3003

Coach:

The Union Grove Athletic Department will be sponsoring the Union Grove Cross Country Invitational Saturday Oct. 10, 2009 at Union Grove High School. We will begin the day with a 5K (open to the public) race beginning at 8:00 a.m. There will be 6 races. Trophies or plaques will be presented to the top two teams in each division. The top 10 individuals in each division will receive medals.

	<u>Starting time</u>
<b>5k Fun Run (open to any individual wanting to run)</b>	<b>8:00</b>
<b>1 mile Fun Run (open)</b>	<b>8:00</b>
<b>Middle school girls (2 miles)</b>	<b>8:30</b>
<b>Middle school boys (2 miles)</b>	<b>9:00</b>
<b>J.V. girls (2 miles)</b>	<b>9:30</b>
<b>J.V boys (3 miles)</b>	<b>10:00</b>
<b>Varsity girls (2 miles)</b>	<b>10:30</b>
<b>Varsity boys (3 miles)</b>	<b>11:00</b>

#### **Entry Fees:**

\$40.00 per team (maximum of \$120.00 per school)

\$10.00 per individual entry (if not entered as part of a team)

**Coaches' packets will be available at the registration desk the morning of the meet.**

Enclosed is a school entry form, which you need to return to me with your entry fees payable to Union Grove ISD as soon as possible, or if you prefer, you may pay the day of the meet.

T-shirt will be sold

Fruit will be provide to runners

[sandi.king@uniongroveisd.org](mailto:sandi.king@uniongroveisd.org)

**Union Grove Cross Country Invitational**  
**Saturday Oct. 10, 2009**  
**Entry Form**

School \_\_\_\_\_

Coach \_\_\_\_\_

Phone \_\_\_\_\_

**Check Teams Entering (or if not entering a team, list the number of individual runners):**

\_\_\_\_\_ middle school girls

\_\_\_\_\_ middle school boys

\_\_\_\_\_ J.V. girls

\_\_\_\_\_ J.V. boys

\_\_\_\_\_ Vars. Girls

\_\_\_\_\_ Vars. Boys

**Mail or Fax entry to :**

Sandi King  
Union Grove High School  
P.O. Box 1447  
Gladewater, Texas 75647

Fax number: (903) 845-3003  
Phone number: (903) 845-5506  
Sandi.king@uniongroveisd.org