



2010 CEDAR PARK Invitational

Dear Coach,

I would like to invite your teams to the 9th annual *CEDAR PARK CROSS COUNTRY Invitational*.

DATE: September 25, 2010

LOCATION: Cedar Park High School

SCHEDULE: 8:00 AM (running schedule) Fr Boys & Fr Girls (10 runners timed)
4A and under Varsity Girls (10 runner limit)
5A Varsity Girls (10 runner limit)
5A Varsity Boys (10 runner limit)
4A and under Varsity Boys (10 runner limit)
JV Boys (10 runners timed)
JV Girls (10 runners timed)

MEET COURSE: A trail in a wooded area behind the school
Girl's Varsity, JV, and Freshmen Boy's races-2 miles
Boy's Varsity and JV boy's races-5k (JV will run 2 mile if too hot)

AWARDS: Team Championship Trophy (all divisions)
Team Runner-up Trophy (all divisions)
Individual Medals for top 15 (all divisions)

COST: Team entries only. You may run less than a team but the entry fee is for a school per division. You may run a 2nd Varsity team, but must pay the extra fee.
\$ 60.00 per Varsity and JV TEAMS
Free Freshmen teams

CHECKS PAYABLE TO "Cedar Park HS" No refunds!

Questions- contact coach Timo Sheard

Phone: School (512) 570-1270 Cell (512) 922-9199 Fax (512) 435-8305

Email: Timo.Sheard@leanderisd.org

Entries: Entries must be submitted through www.directathletics.com by Tuesday, Sept. 21st. Varsity races will be limited to 10 runners. You may pay to run an additional Varsity Team. JV and Freshmen races will be unlimited runners, but **ONLY 7 will be scored and 10 WILL BE TIMED** (these 10 will be given bibs # with bar codes for the results) Team scoring will be done via Hy-Tek or similar timing software. Runners will be assigned a bib # with a bar code for timing.