

The 2010 Ennis Lion's Den Invitational

Coach,

The Ennis Lions Cross Country team would like to invite your cross-country team to participate in our 11th annual Lion's Den Invitational. The meet will be held at the J.C. Park in Ennis on Saturday **September 25th**, 2010.

Schedule:			<u>Distance</u>
	Registration/ Packet Pickup	7:00	
	1 - 3A Varsity Girls	8:00	3200 meters
	4 - 5A Varsity Girls	8:25	3200 meters
	1- 3A Varsity Boys	8:50	5000 meters
	4 - 5A Varsity Boys	9:20	5000 meters
	Lummus/Miller Challenge		1 mile
	JV Girls	10:10	3200 meters
	JV Boys	10:35	5000 meters
	Jr. High Girls	11:05	3200 meters
	Jr. High Boys	11:25	3200 meters

(We may break the JV and Jr. High divisions down into classification if there is a high number of team entries)

Entry Fee: \$10.00 per individual runner or \$ 50.00 per division.

** Entry fee may be paid at packet pickup (just let us know your coming).

** Make checks payable to: Ennis Cross Country

Mail entry fees to: Ennis Cross Country
c/o Lonnie Redning
3101 Ensign Road
Ennis, TX 75119

Awards: The top **two teams** in each division will receive plaques.
The **top two junior high** teams will receive plaques.
The **first 15 finishers** in each division will receive medals.

Course: The course is run mostly on grass, winding around the park. The terrain is mostly flat with a few small hills. This course offers parents and coaches an excellent view of almost the entire race.

Parking: Buses will be directed to park at Austin Elementary after unloading their teams, parents are asked to park at Austin Elementary or on side streets near the park.

Facilities: Restrooms will be available on-site. Water will be provided at the finish line. There will be concessions available.

If you have any questions, please contact me at (cell) 469-337-6476 or (school) 972-872-3850 or even e-mail me at RUNORDIE@yahoo.com or lonnie.redning@ennis.k12.tx.us . We hope to see you at our meet.

School Name: _____

Name of Coach: _____

Contact Phone Number of Coach: _____

TEAMS ATTENDING

_____ Junior High Boys

_____ Junior High Girls

_____ JUNIOR VARSITY BOYS

_____ JUNIOR VARSITY GIRLS

_____ VARSITY BOYS _____ 1A – 3A _____ 4A - 5A

_____ VARSITY GIRLS _____ 1A – 3A _____ 4A – 5A

\$50.00 each division

Mail entries to: Ennis Cross Country
 c/o Coach Redning
 3101 Ensign Road
 Ennis, TX 75119

Or fax to: 972-875-9044