

14th Annual
2010 Ken Gaston Invitational
Cross-Country Meet
Race at the Lake

You are invited to the 14th Annual Ken Gaston Cross-Country Invitational Meet on Thursday, October 7, 2010. The meet will be held at Lynn Creek Park in Grand Prairie.

Check In: 7:00 a.m.

Start Time: 8:15 a.m.

Order of Events:

5A Varsity Girls
5A Varsity Boys
4A-Under Varsity Girls
4A-Under Varsity Boys
JV Girls
JV Boys

Awards:

1st Place Team Trophies-Varsity & JV
Runner-up Team Trophies-Varsity & JV
Top 10 Individual Awards-Varsity
Top 10 Individual Awards-JV

Fees:

Fees are due before October 2, 2010. Teams may pay after this due date up to the day of registration, but a \$25.00 late fee will be assessed. To avoid this late fee, register and pay early.

Individuals	\$10.00
Teams	\$50.00 each team (4 teams will be \$200.00)

Make checks payable to: Sam Houston High School
Cross Country
2000 Sam Houston Drive
Arlington, Texas 76014

If you have any questions please contact Coach David Hill at:

School: 682-867-8200 or 682-867-8597
Cell: 817-504-5303
Fax: 817-801-4505
Email: dhill@aisd.net

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October 7, 2010

Yes, my team will participate:

Coach Name: _____

School Name: _____

School Address: _____

City _____ Zip Code _____

School Phone: _____

Home/Cell Phone: _____

E-mail address: _____

Division(circle):

Varsity 5A girls
Varsity 5A boys

4A-under Varsity girls
4A-under Varsity boys

JV girls
JV boys

To expedite the team check in process and the race results, fax or email a team roster of your runners to us at: ASAP

Fax: 817-801-4505

E-mail: dhill@aisd.net