

KINGWOOD



Running Mustangs

District

Championships

Boys - 1988, 1993, 1994, 1995, 1996, 1997, 1998, 1999, 2000, 2001, 2002, 2003, 2004, 2005, 2006, 2007, 2008, 2009

Girls - 1983, 1986, 1987, 1990, 1991, 1992, 1993, 1994, 1995, 1996, 1997, 1998, 1999, 2000, 2001, 2002, 2003, 2004, 2005, 2006, 2007, 2008, 2009

Regional

Championships

Boys - 1992, 1993, 1994, 1995, 1996, 1997, 1998, 1999, 2000, 2001, 2002, 2003

Girls - 1986, 1987, 1990, 1991, 1992, 1993, 1994, 1995, 1996, 1997, 1998, 1999, 2000, 2001, 2002, 2003, 2004, 2005, 2006, 2007, 2008, 2009

State Championships

Boys - 1988, 1993, 1994, 1995, 1996, 1997, 1998, 2001

Girls - 1994, 1995, 1997, 2001, 2002, 2004, 2009

National Championships

Boys - 1994, 1996, 2001

Christie Burleson
Head Girls Coach

Tate Symons
Head Boys Coach

Larry Gnatzig
Asst. Cross Country/Track

Zoe Simpson
Asst. Cross Country/Track

2701 Kingwood Drive
Kingwood, TX 77339-3714

KINGWOOD CROSS COUNTRY/ANDY WELLS INVITATIONAL SATURDAY, SEPTEMBER 25, 2010 KINGWOOD HIGH SCHOOL

Dear Coach:

We would like to invite you and your Cross Country teams to compete in the 25th annual Andy Wells Invitational. Each team is permitted to run **14 runners in the Varsity Division**. In the Boys Sub-Varsity and Freshmen Divisions, schools will be permitted to enter **14 runners**. In the Girls Sub-Varsity Division, schools will be permitted to enter **20 runners**. There is no limit of entries in the Open Race. Include all possible runners on your entry form.

LOCATION- Kingwood High School Campus. The race begins on the practice football field behind the tennis courts.

TIME SCHEDULE-

7:20 a.m.-Coaches Meeting	
8:00 a.m.- Varsity Girls	(2.5 miles/4K)
8:30 a.m.- Varsity Boys	(3 miles)
9:00 a.m.- Jr. Varsity Girls	(2 miles)
9:25 a.m.- Jr. Varsity Boys	(3 miles)
9:55 a.m.- Freshmen Boys	(2 miles)
10:15 a.m. - Boys Open Race	(2 / 3 miles)
10:17 a.m. - Girls Open Race	(2 miles)
10:40 - Open Middle School	(1 mile)
Awards Ceremony	

NOTE- THE VARSITY GIRLS WILL RUN 2.5 MILES/4K

COURSE DESCRIPTION- The course is 99% grass, mostly flat, and run in the woods.

ENTRY FEE- The athletic Director's agreement will be honored. Fee for schools not participating in the agreement will be \$40.00 for girls or boys teams and \$80.00 for both.

We hope to see you at the meet. We anticipate another competitive and enjoyable event. Please fill out your intentions and mail them to us at the address below as soon as possible. **WE WILL NEED YOUR TEAM ROSTERS SENT TO US BY MONDAY SEPTEMBER 20. PLEASE SEE THE ATTACHED ENTRY SHEET. PLEASE EMAIL ALL ENTRIES. SEND BOYS ENTRIES TO tate.symons@humble.k12.tx.us AND GIRLS ENTRIES TO Christie.burleson@humble.k12.tx.us.** If you have any questions please call us at 281-641-7026 (girls) or 281-641-7011 (boys).

Sincerely,

Mail Replies to:

Tate Symons (Boys Coach)

Christie Burleson (Girls Coach)

Tate Symons or Christie Burleson
Kingwood High School
2701 Kingwood Drive
Kingwood, TX 77339- 3704

SCHOOL _____	COACH _____	
We will attend		We will NOT attend
_____ Varsity Boys		_____ Varsity Boys
_____ Varsity Girls		_____ Varsity Girls
_____ JV Boys		_____ JV Boys
_____ JV Girls		_____ JV Girls
_____ Freshmen Boys		_____ Freshmen Boys

EMAIL _____
PHONE _____