

<mark>October 16t</mark>h, 2010 WEST GUTH PARK



Beautiful thick Medals Top 15 runners Teams awards Top 3 Teams

Registration 7:30-9:00

Additional bus parking available at TM Middle School

Entry fees:

50.00 per Varsity Team 45.00 per Sub-Varsity Team 8.00 per individual runners

8 AM Coaches/Alumni 5K run
8:30 Girls Varsity 2 mile run
8:50 Boys Varsity 3 mile run
9:15 7th Grade Girls and Boys 2 mile
9:35 8th Grade Boys and Girls 2 mile
10:00 Girls JV 2 mile
10:20 Boys JV 3 mile
10:50 Freshmen Girls and Boys 2 mile
(races may be combined LISTEN)



Trainers will be on site to assist for medical needs.

Contact Person: Paul Nicolaides ptnicolaides@ccisd.us

. . . .

Make checks payable to Roy Miller High School

Roy Miller High School #1 Buc Boulevard Corpus Christi, Texas 78408

Phone: 361-878-5100 Fax: 361-883-1928 Email: ptnicolaides@ccisd.us

School Name	
Address	

Phone

Tee shirts and dry wick running shirts available ss

Waiver: The conditions at West Guth Park are unpredictable, the surface for cross country running is uneven, be sure to make a note of the terrain as you walk the course. All runners run at their own risk.