

Muenster High School 135 E. Seventh PO Box 608 Muenster, Texas 76252 Phone: 940 – 759 – 2282

Fax: 940 – 759 – 4614

Dear Coaches,

We are excited to announce our second annual cross country meet at Muenster ISD! We have selected a great site, the Muenster City Park. The date for the meet is September 11th, 2010.

The course is in and around the park just off Hwy 82. The park is heavily shaded by large oak trees. The runners will enjoy not only the shade but some challenging trails through the woods. The runners can expect mostly grass paths with some gravel, asphalt surfaces, and about 100 feet of cement. The course is also very spectator friendly, with much of the final mile being seen from the middle of the park. Public restrooms are available.

No parking will be allowed inside the park. Spectators can park along highway 82 or along surrounding streets. Buses can be parked in a lot just east of the park.

Check-in will begin at 7:30 am at the Stage on the west end of the park. We hope to see you there! Email me with any questions.

Sincerely,

Amy Binder

abinder@muensterisd.net

Head Cross Country Coach

Muenster ISD

Muenster High School 2010 Cross Country Invitational At The Muenster City Park Muenster, Texas

"Shade Tree Run"

Date: Saturday, September 11, 2010

Entry deadline Sept 6th

Race Site: Muenster City Park, Muenster Texas

Check-in: 7:30-8:30 a.m.

Races: 8:30 am Varsity Girls (2 miles) (7 runners max)

9:00 am Varsity Boys (3 miles) (7 runners max)
9:30 am JV Girls (2 miles) (unlimited runners)
10:00 am JV Boys (3 miles) (unlimited runners)

10:30 am Junior High Girls (2 miles) (unlimited runners) 11:00 am Junior High Boys (2 miles) (unlimited runners)

This will be a rolling schedule.

Entry Fee: \$75 each division/team \$225 maximum

\$15 individual

Awards: Trophies = 1st Team each division

Medals = 1-15 each division

Contact: Amy Binder

Cell: 940-641-0338

School: 940-759-2282 ext. 615 abinder@muensterisd.net

Send checks payable to: Muenster High School Athletics

Send Entry forms to: Muenster High School

Attn: Amy Binder

PO Box 608

Muenster, TX 76252

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"Shade Tree Run"

Coach's name:		Work#:	
School:		Cell #:	
School address:		City:	
Email address:		Zip:	
Fax #:			
	<u>Division</u>	s (circle)	
Varsity	Girls	Varsity Boys	
Junior Varsity Girls		Junior Varsity Boys	
Junior Hig	h Girls	Junior High Boys	
Indiv	viduals:		
Mail or Fax entries to:	Amy Binder Muenster High School PO Box 608 Muenster, TX 76252 Fax: 940-759-4614		

Please return contact information in ASAP.

Entry deadline Sept 6th

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ENTRY FORM School: Coach: _____ Division (Circle): JHG JHB JVG JVB VG VB Runners: