

# KNIGHTS TWILIGHT XC INVITATIONAL NORTHWOOD UNIVERSITY

Date: Friday October 1, 2010  
Race Site: Northwood University  
1114 W FM 1382  
Cedar Hill, TX 75104

Girl's Course and Jr. High 3200 meters  
Boy's Course 5,000 meters  
Race Times: JV starts at 3pm, Jr. High 4pm and then rolling  
Course Description: rolling hills, dirt trails

Junior Varsity Girls (if needed 5A+4A, 3A & under)  
Junior Varsity Boys (if needed 5A+4A, 3A & under)  
Junior High Girls  
Junior High Boys  
3A & under Varsity Girls  
3A & under Varsity Boys  
5A & 4A Varsity Girls  
5A & 4A Varsity Boys

Awards: 1st Place - All Divisions  
Runner-up - Varsity only  
Top 15 medals - All divisions

*Roster Deadline is due Friday, September 25 by 5pm*  
email: [hawkinsj@northwood.edu](mailto:hawkinsj@northwood.edu)

High School 1 Team - \$150.00 2 Teams- \$250.00 3 or more teams \$300.00  
Junior High Girls Team -\$100.00 Boys Team-\$100.00  
\*Varsity = 5-10 runners \*\*\* JV Team = 5 to 20 runners\*\*\*JRH= max 30 runners

Make Checks Payable to: Northwood University Cross Country  
Send Checks To: Northwood University, 1114 W FM 1382, Cedar Hill, TX 75104  
Attn: Cross Country Coach Jody Hawkins

KNIGHTS TWILIGHT XC INVITATIONAL OCTOBER 1, 2010  
 (please send boys and girls on separate sheet and junior high on separate sheet)  
 SCHOOL : \_\_\_\_\_

DIVISION: \_\_\_\_\_ 3A AND UNDER  
 \_\_\_\_\_ GIRLS TEAM

\_\_\_\_\_ 4A-5A  
 \_\_\_\_\_ BOYS TEAM

Varsity Roster

Junior Varsity Roster

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JUNIOR HIGH MAXIMUM ROSTER #