

June 8, 2010

Hi Coach,

I would like to you and your team to the 4<sup>th</sup> Palacios Cross Country Invitational. The meet will be held on Saturday, August 28, 2010 at the Texas State Marine Education Center off Business 35 (directions will be sent later with the follow-up letter).

**I am asking for rosters of your runners by Wednesday, Aug 25, 2010. If possible, divide your roster into JV and Varsity. If you are not sure who will be running on your varsity and who is running on your JV, just email a list of all your girls and a list of all your boys.**

The race distances will be as follows: All HS Boys will run 2.25 miles  
All HS Girls will run 1.5 miles  
All JH Divisions will run 1 mile

We will be awarding: Medals to the top 20 in the HS Divisions  
Medals to the top 15 in the JH Divisions  
1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> Place team medals in the HS Divisions  
1<sup>st</sup> Place team medals in the JH Divisions

The entry fees are as follows: \$50 for each Varsity Team (limit 7)  
\$50 for each JV Team (no limit, if you have a varsity team)  
\$35 for each Jr High Team (no limit)  
\$10 for each individual high school runner  
\$7 for each individual Jr High runner

We will begin running at 8:30 a.m. with the... Varsity Girls  
Varsity Boys  
JV Girls  
JV Boys  
Jr High Girls & Boys

Email response to [luza@palaciosisd.org](mailto:luza@palaciosisd.org) or fax to 361-972-6287 (attn. Coach Arredondo).

***Please email your rosters by Wednesday, Aug 25, 2010.***

Have a great summer. See you next season.

Sincerely

Luz Arredondo  
Palacios Cross Country Coach

**Palacios Cross Country Meet ...August 28, 2010**

\_\_\_\_\_ I am attending                      \_\_\_\_\_ I am not attending

\_\_\_ Varsity Girls

\_\_\_JV Girls

\_\_\_ Varsity Boys

\_\_\_ JV Boys

\_\_\_ Jr High Girls

\_\_\_ Jr High Boys

School \_\_\_\_\_

Coach \_\_\_\_\_

Email address \_\_\_\_\_

School Phone # \_\_\_\_\_

Home Phone # \_\_\_\_\_

Cell Phone # \_\_\_\_\_

Fax # \_\_\_\_\_