

**2<sup>ND</sup> ANNUAL RICK MILLER RELAYS**  
**HOSTED BY BRIDGE CITY CROSS COUNTRY**  
**SATURDAY, AUGUST 28, 2010**  
**ENTRIES DUE BY AUG 25 @ 5:00PM**

**Time Table – Order of Events:**

7:00	Check-in and walk course
7:45	(MS 2 <sup>nd</sup> legs report to finish area to be escorted to exchange zone)
8:00	# MS Boys and Girls**      2 X 1 Mile
8:30	# Varsity Boys (1A-5A)*    2 X 2 Miles
9:15	Varsity Girls (1A-5A)*    2 X 2 Miles
10:00	JV Boys & Girls**          2 X 2 Miles

\* These races will be split by division after the race is over, like we did last year.

\*\* These races will be split by gender, but not by division.

# 2<sup>nd</sup> legs on the MS race will have to jog out to the mile mark for their warmup. We'll escort them out there

All awards will be announced and handed out after that respective race is over. We'll continually have awards ceremonies throughout the meet.

**Directions:**

1. Claiborne West Park is located on the north side of Interstate 10 between Vidor and Orange.
2. ***THE DIRECTIONS TO THE PARK ARE ALWAYS CHANGING DUE TO CONSTRUCTION. I WILL SEND OUT AN EMAIL WITH DIRECTIONS TO THE MEET WHEN SCHOOL STARTS NEXT YEAR.***

**Awards:**

- Medals for the top 10 relay teams in all divisions.
- Team Medals for Team Champs in Varsity
- Plaque for overall team champion in all divisions.
- One plaque for overall best program (1A-5A). (results from Varsity boys and girls added together)
- In all divisions the big and small schools will run together, but the results will separated into two divisions in the Varsity Divisions only. In JV and MS, we will run boys and girls together and then separation them at the finish.

**Entry Fees:**

\$70.00 for Girl's High School Teams (this covers Varsity and JV teams)

\$70.00 for Boy's High School Teams (this covers Varsity and JV teams)

\$50.00 for Girl's Jr. High (unlimited number)

\$50.00 for Boy's Jr. High (unlimited number)

\$15.00 for individual high school or middle school runners not on a team.

**IF YOU BRING EVERYTHING, THE ENTRY FEE MAXES OUT AT \$150.00**

### **ENTRIES:**

Email me your rosters with your kids paired into their relay teams by **August 25 @ 5:00pm.** You don't have to designate who is JV and Varsity, but please designate the guys from girls. Sometimes, the name can go either way. If you change your partners up, its okay. But you'll have to let us know, so their names won't be wrong on the results. **I need all HS names emailed, but I do not need any MS names. We'll score MS by hand.**

### **Payment Deadline:**

Race day is the deadline for payment to come to our meet. You may mail in your entry fee, or wait and pay on the day of the meet.

### **Combined Divisions:**

To save time, in Varsity we will run Div. 1 (4A/5A) at the same time as Div. 2 (1A-3A). We will also run boys and girls at the same time in JV and MS. We will still award the top team in each division as well as the top 10 relay teams in each division. They'll be sorted at the finish. You must enter at least 3 relay teams to be eligible for the team title, but you can enter up to five relay teams in Varsity. JV and MS are unlimited entries. If you have an odd number, the left over kid runs 1<sup>st</sup> leg.

### **Rules:**

Runners will need to pay attention for their relay partner. You will slap hands inside of a marked exchange zone. You don't have to declare who is who's partner. Just make sure you have half you team on the starting line, and the other half waiting to run the 2<sup>nd</sup> leg.

### **Scoring:**

Your top three relay teams will be used to score. To change it up a little, we will score this meet based on the team's time instead of place. In case of tie, the fourth team will come into scoring. In case of tie for best program, the fourth relay team for both groups will be scored. You must enter a Varsity team, before entering anyone on JV.

### **Refreshments:**

Water and ice will be provided for contestants. There will also be a concession stand and T-shirts for sale.

**\*\*COACHES, WE WILL HAVE \$4.00 STUDENT MEAL DEAL AVAILABLE. KIDS GET CHOICE OF Link, Nachos, or Barbeque Sandwich. ALSO GET Chips, Candy, and a Drink.**

### **Parking:**

Please don't park your bus anywhere we have cones or flagging.

### **Course:**

For those of you familiar with Claiborne Park, we will use the old course for this meet. The course will finish around the pond. This course was used from the early 90's until 2007.

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I am interested in the following divisions. Please indicate the number of kids you expect to have in each division. Remember, the limit for Varsity is 10 kids or five relay teams. **You must enter 3 relays teams (6 people) in Varsity before you put anyone in JV.**

_____ Varsity Girls	_____ Varsity Boys
_____ JV Girls	_____ JV Boys
_____ Jr. High Girls	_____ Jr. High Boys

Division: \_\_\_\_\_ 4A – 5A                      \_\_\_\_\_ 3A and under

For Louisiana schools, less than 980 kids would be 3A and under. Over 980 would be 4A – 5A.

School: \_\_\_\_\_

Coach: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Please fill out this form and mail along with checks ASAP to:

Attn: Cross Country  
Cardinal Athletic Booster Club  
PO Box 722  
Bridge City, TX 77611

Or fax to: (409)735-1587

*Make checks payable to:* Cardinal Athletic Booster Club  
You may bring cash the day of the meet if necessary.

Any questions contact:

Cody Knight @ **(409)728-9380** or [Cody.knight@bridgecityisd.net](mailto:Cody.knight@bridgecityisd.net)