

# Seymour High School Cross Country Invitational Seymour, Texas

- DATE:** Saturday, September 11, 2010
- WHERE:** Seymour Football Stadium
- WHO:** Varsity Boys & Girls, JV Boys & Girls, Junior High Boys & Girls
- DISTANCE:** JV & Varsity Girls-2 Miles  
JV & Varsity Boys-3 Miles  
JH Girls & Boys-2 Miles
- ENTRIES:** Entries should be done on [www.athletic.net](http://www.athletic.net). Feel free to contact me with any questions.  
Email- [courtney.sims@seymour-isd.net](mailto:courtney.sims@seymour-isd.net)  
Cell- (940) 224-0667
- CHECK IN:** 7:30-8:15 a.m.
- ROLLING TIME SCHEDULE:** First race begins at 8:30 a.m.  
JV Girls  
Varsity Girls  
JV Boys  
Varsity Boys  
Junior High Girls  
Junior High Boys
- AWARDS:** Trophy to the top team in each division. Individual awards for the first 10 finishers per division.
- FEE:** \$5.00 per runner  
**\*\*MAXIMUM FEE PER SCHOOL \$200\*\***

**Make Checks Payable To:** *Seymour All-Sports Club*

**Send Payment To:** Seymour High School  
C/O Cross Country  
409 W. Idaho  
Seymour, TX 76380