

**SUNDOWN HIGH SCHOOL
BOYS AND GIRLS CROSS COUNTRY
2010 OIL PATCH CROSS COUNTRY MEET**

DEAR COACH,

YOU AND YOUR TEAMS ARE CORDIALLY INVITED TO THE 17TH ANNUAL **OIL PATCH CROSS COUNTRY MEET**, TO BE HELD ON **SATURDAY OCTOBER 2, 2010**. WE HOPE YOU WILL ATTEND AND WISH YOU A SUCCESSFUL SEASON. **YOU MAY ENTER ONLY 7 RUNNERS IN THE VARSITY DIVISION. YOU WILL BE ABLE TO SWITCH FROM JV TO VARSITY AT THE SCRATCH MEETING, SO LIST A RUNNER ONLY ONCE. THIS YEAR WE WILL BE USING Directathletics (www.directathletics.com) FOR ALL ENTRIES (JH & HS). PLEASE GO TO THE DIRECTATHLETICS WEBSITE TO ENTER YOUR RUNNERS. DEADLINE FOR ENTRIES IS MONDAY SEPTEMBER 27, 2010.** Thanks-Coach Paul S. Darden-Head XC

LOCATION: SUNDOWN, TEXAS (BEHIND THE FOOTBALL STADIUM)
SCRATCH MEETING—BIG ROOM –FIELD HOUSE
PARKING FOR BUSES—LOT SOUTH OF STADIUM

ENTRY FEES: \$7.00 PER RUNNER. **MAKE CHECKS PAYABLE TO:
SUNDOWN ATHLETICS.**

DIVISIONS: **JH Girls**
JH Boys
JV Girls
JV Boys
Varsity Girls
Varsity Boys

RACE TIMES: (1mile elementary fun run)-8:30 AM (No entry fee and no need to register.)
JH Girls- 9:00 AM JH Boys- 9:30 AM
JV Girls- 10:00 AM JV Boys- 10:30 AM
Varsity Girls- 11:00 AM Varsity Boys- 11:30 AM

DISTANCE: DIVISIONS All Girls races and JH Boys----2.2 MILES
DIVISIONS JV & Varsity Boys----- 3.3 MILES

AWARDS: INDIVIDUAL AWARDS - TOP 15 VARSITY DIVISION
TOP 10 JV DIVISION
TOP 20 JH—RIBBONS
ELEMENTARY FUN RUN-Ribbons to all runners finishing
TEAM MEDALS - TOP 3 TEAMS (VARSITY ONLY)
TEAM PLACQUES: VARSITY DIVISIONS - TOP 2 TEAMS
JV/JH DIVISIONS - 1ST PLACE TEAM

COACHES: IF YOU HAVE ANY QUESTIONS ABOUT THE MEET ,
PLEASE CALL OR E-MAIL RICKY KING AT:
rking@sundownisd.com
ASSISTANT CROSS COUNTRY COACH SUNDOWN HIGH SCHOOL
SCHOOL PHONE - 806-229-5151
CELL PHONE - 806-891-9558

**ENTER ENTRIES ON LINE ASAP BUT WE MUST HAVE THEM NO LATER THAN MONDAY,
SEPTEMBER 27, 2010.**