



UNITED INDEPENDENT SCHOOL DISTRICT

Roberto Santos
Superintendent

Dear Coach

United Independent School District would to invite your school to the annual UISD Cross Country Invitational to be held on Saturday **Oct. 16th, 2010**. The meet will take place at the UISD Student Activity Center (SAC) located at the corner of Bob Bullock Loop (loop 20) and Highway 359. Fees will be \$8.00 per runner or \$50.00 per team varsity teams. J.V, freshmen, and middle school \$5.00 per runner or \$35.00 per team. Max per high school boys or/and girls teams \$200.00 Make checks out to **UISD ATHLETICS**. Hope to see you here on **Oct. 16th, 2010**. **Fax or email your entries by Tuesday Oct. 12th**.

Divisions

7:30 am	Registration	
8:00 am	Middle School Boys	2 miles
8:15 am	Middle School Girls	2 miles
8:35 am	Varsity Girls	2 miles
9:10 am	Varsity Boys	5K
9:40 am	JV Girls	2 miles
10:20 am	JV Boys	5K
10:50 am	Freshmen Boys/Girls	2 miles

Limit of 7 boys and girls in the varsity division only. No limit on the rest of the divisions. Top 20 places in varsity and JV will be awarded trophies and top 15 freshmen and middle boys and girls. Teams, top 3 varsity and JV and top 2 freshmen and middle school teams. Thanks and good luck in the upcoming season. If you have any questions feel free to call me at school (956)473-5400 or at my cell # (956)251-8230. You can also email me at jsalazar@unitedisd.org.

Sincerely

J.A. Salazar
Head Cross Country Coach
United South

Return to: J.A. Salazar
United South High School
4001 Los Presidentes Ave
Laredo, TX 78046

School #(956) 473-5400

Fax# (956) 473-5599

Coach: _____ School: _____
Phone #: _____ Cell #: _____

Divisions:	<input type="checkbox"/> Varsity Girls	<input type="checkbox"/> Varsity Boys
	<input type="checkbox"/> JV Girls	<input type="checkbox"/> JV Boys
	<input type="checkbox"/> Freshmen Girls	<input type="checkbox"/> Freshmen Boys
	<input type="checkbox"/> Middle School Girls	<input type="checkbox"/> Middle School Boys



United South High School
David Canales, Principal