

# Zapata Hawks

## 7<sup>th</sup> Annual Cross Country Invitational

### *“The South Texas Stampede”*



**Date:** August 21, 2010

**Site:** Zapata High School.

Restrooms and showers located in the gym. Water is available at the start and finish lines.

**Directions:** From east HWY16, school will be on right hand side as you enter town.

From HWY 83, turn north on HWY 16, travel 3 miles school will be on left.

**Parking:** Buses and spectators may park in the main parking lot in front of the school.

**Course:** Dirt and grass course w/ long straights and moderate hills that circle the entire ZHS campus.

**Divisions:** Rolling schedule. FIRST RACE WILL BEGIN AT 8:30AM: PLEASE BE READY ON TIME!

Varsity Boys --5K (3.1 miles)

Varsity Girls—3200m (2miles)

JV Boys -- 3200m (2 miles)

JV Girls--2400m (1.5 miles)

Freshmen boys—2400m (1.5 miles) } combined

Freshman girls – 1600m (1 mile)

**Fees:** \$5 per individual runner, \$50 per team or \$150 max per school;

Make checks payable to Zapata High School

**Awards:** 1. Team champion trophies and Team runner-up trophies in each division

2. Top 15 receive awards in each division

3. Top 2 teams in the varsity divisions will receive (7) individual awards

4. Winning Coach Plaque for varsity divisions

**Contact person:** Mike Villarreal 956-765-6542 wk 765-8930 hm 956-500-4451 cell

Luis Escamilla 956-765-0280 wk 956-229-0457 cell

Confirm by email: [michaelrvillarreal@msn.com](mailto:michaelrvillarreal@msn.com), [luis22td@yahoo.com](mailto:luis22td@yahoo.com)

or please fax attached page to confirm.

If your school is planning to attend the meet, please fill out this simple form and fax it or email me a confirmation. My contact information is listed below.

(956)765-9204 care of Mike Villarreal

Coach Mike Villarreal

Zapata Middle School

PO BOX 158

Zapata, Texas 78076

\_\_\_\_ Yes, I accept the invitation

School \_\_\_\_\_

Coach \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

Phone #'s \_\_\_\_\_

Check All Possible Divisions

\_\_\_\_JV Girls

\_\_\_\_JV Boys

\_\_\_\_Var Girls

\_\_\_\_Var Boys

\_\_\_\_Fresh Girls

\_\_\_\_Fresh Boys

Thank You and I hope to see you in August!