

Bryan Adams Cougar Relays 2008

Loos Stadium Dallas – February 16, 2008

SCHEDULE OF EVENTS:

8:00	Coaches Meeting and Sign in for heating		
9:00	Shot Put	Pole Vault	Triple Jump
	JV Girls	JV Girls	JV Boys
	V Girls	V Girls	V Boys
	JV Boys	JV Boys	JV Girls
	V Boys	V Boys	V Girls

RUNNING PRELIMS & JV FINALS VS. TIME WITH HOT HEATS

8:30	3200 m. run JVG, VG, JVB, VB		
9:45	100/110 hurdles JVG, VG, JVB, VB		
	100 m. JVG, VG, JVB, VB		
	400 m. JVG, VG, JVB, VB		
	800 m. dash JVG, JVB * Notice schedule diversion* (300 im Hurdles finals vs. time in afternoon session)		
1:00	Discus	High Jump	Long Jump
	JV Girls	JV Girls	JV Boys
	V Girls	V Girls	V Boys
	JV Boys	JV Boys	JV Girls
	V Boys	V Boys	V Girls

BREAK FOR ONE HOUR (Coaches\Workers hospitality room provided)

RUNNING FINALS: Rolling Schedule

1:30	4 X 100 JVG, VG, JVB, VB
	800 m. dash VG, VB
	100/110 hurdles JVG, VG, JVB, VB
	100 m. dash JVG, VG, JVB, VB
	4 X 200 JVG, VG, JVB, VB
	400 m. dash JVG, VG, JVB, VB
	300 IM JVG, VG, JVB, VB
	200 m. dash JVG, VG, JVB, VB
	1600 m. run JVG, VG, JVB, VB
	4 X 400 JVG, VG, JVB, VB

Pick up award packets in the press box at the conclusion of the meet.