## TRACY WILLS INVITATIONAL TRACK & FIELD MEET SCHEDULE OF EVENTS March 28, 2009

## FIELD EVENTS

- 8:15 COACHES' MEETING at SHED
- 9:30 SHOT PUT V, JV
  - LONG JUMP V, JV
  - HIGH JUMP JV, V
  - POLE VAULT JV, V
  - DISCUS JV, V
  - TRIPLE JUMP TO FOLLOW LJ V, JV
- 12:00 LUNCH for COACHES' and WORKERS

## RUNNING EVENTS ALL FINALS - ALL HEATS AGAINST TIME

9:00	3200 METER RUN
1:30	400 METER RELAY
	800 METER RUN
	100 METER HURDLES
	100 METER DASH
	800 METER RELAY
	400 METER DASH
	300 METER HURDLES
	200 METER DASH
	1600 METER RUN
	1600 METER RELAY