

**Llano XC Invitational**

Dear Coaches,

Llano High School would like to invite you to attend the Llano Invitational Cross Country meet held at Llano High School on August 30, 2008. We will have both High School and Junior High divisions, high school coaches please pass this along to your junior high coaches. Please respond by August 15 if you wish to attend. Contact Coach Hughes @ [dhughes@llano.k12.tx.us](mailto:dhughes@llano.k12.tx.us) or fax entry to: 325-247-2122.

I look forward to seeing you on August 30,

Coach Hughes  
Llano High School  
XC/Track & Field

**School** \_\_\_\_\_

**Divisions**

\_\_\_\_\_ **Varsity Boys**

\_\_\_\_\_ **Varsity Girls**

\_\_\_\_\_ **JV Boys**

\_\_\_\_\_ **JV Girls**

\_\_\_\_\_ **8<sup>th</sup> Boys**

\_\_\_\_\_ **8<sup>th</sup> Girls**

\_\_\_\_\_ **7<sup>th</sup> Boys**

\_\_\_\_\_ **7<sup>th</sup> Girls**

**Boys Coach** \_\_\_\_\_ **Phone** \_\_\_\_\_ **Email** \_\_\_\_\_

**Girls Coach** \_\_\_\_\_ **Phone** \_\_\_\_\_ **Email** \_\_\_\_\_

## Llano Cross Country Invitational

Date: Saturday August 30, 2008

Location: Llano High School: 2509 South HWY 16

Registration: Beginning at 7:30 A.M. (HS Cafeteria)

Running Schedule (rolling Schedule):

- \* **8:30**
- 1.) 5A/4A Varsity Girls (left chute)  
3A & under Varsity Girls (right chute)
  - 2.) 5A/4A Varsity Boys (left chute)  
3A & under Varsity Boys (right chute)
  - 3.) Junior Varsity Boys
  - 4.) Junior Varsity Girls
  - 5) 7<sup>th</sup> & 8<sup>th</sup> Girls (two chutes)
  - 6.) 7<sup>th</sup> & 8<sup>th</sup> Boys (two chutes)

Meet Course: Mostly dirt and grass. All girl races, as well as all junior high races: 3200 meters. Boys Varsity and Junior Varsity: 5K

Awards: Team Championship (all divisions)  
Team Runner-Up (all divisions)  
Individual Medals for top 15 (all divisions)

Entry Fees: \$75.00 per team per division or \$12.00 per individual, if fewer than 5 entries in a particular division; maximum \$250.00 per school. Make checks payable to Llano High School. Please mail your checks before the meet or bring them on race day. Mail Checks to:  
Coach Hughes  
Llano High School  
2509 South HWY 16  
Llano, TX 78643

Meet Entries: May run up to 10 athletes per team. May enter more than one team in a division.

\*\*\*\*\*Entry Forms and info will be sent out once you have confirmed that your team will attend. Entries will be done using Hy-Tek Team Manager software and will need to be submitted via e-mail to: [dhughes@llano.k12.tx.us](mailto:dhughes@llano.k12.tx.us)

Entries Due by August 26 or earlier

If there are any questions contact: Coach Dan Hughes  
E-Mail: [dhughes@llano.k12.tx.us](mailto:dhughes@llano.k12.tx.us)  
Girls Sports Office: 325-248-2219  
Cell #: 817-676-4898  
Fax: 325-247-2122

