

Ponder High School



Dear Coach,

The Ponder High School Athletic Department would like to invite your cross-country teams to the following meets: Wednesday, August 27, 2008, Wednesday, September 17, 2008, and Wednesday, October 15, 2008. The time schedule will be:

Race Site:

Ponder High School

Course: The course is a mixture of grass and dirt. The course is mainly flat but there is one steep grade on the south end of the course. The course is spectator friendly. We will have water available for the runners upon completion of each race. Concessions will be available.

Race Times:

This will be a rolling schedule

3:30 p.m.	Elementary fun run	1 mile (\$5.00/runner)
4:00 p.m.	Varsity Boys	3 miles
4:30 p.m.	Junior Varsity Boys	3 miles
5:00 p.m.	Varsity Girls	2 miles
5:25 p.m.	Junior Varsity Girls	2 miles

5:50 p.m.	JH Boys	2 miles
6:15 p.m.	JH Girls	2 miles

Awards:

Medals will be given to the top 20 individuals in each race.
First place trophies will be given in each division.

Each participant in the Elementary Fun Run will receive a participation medal.
We invite all elementary runners from visiting schools to participate.

Entry fee:

\$50.00 per team
\$100.00 for two teams,
\$150.00 for three teams
Maximum of \$150.00 per school
Individuals will be \$10.00 each.
Junior Varsity and Junior High teams may have an unlimited number of entries.

MAKE CHECKS PAYABLE TO: PONDER ATHLETICS

**PLEASE RETURN THIS ENTRY BLANK AND ENTRY FEE TO:
PONDER HIGH SCHOOL**

C/O Doug Boxell
300 WEST BAILEY
PONDER, TEXAS 76259
FAX: 940-479-8449
EMAIL:
dboxell@ponderisd.net

School: _____

Coach: _____

Phone: _____

School Mailing Address: _____

E-Mail Address: _____

Divisions are as follows:

August 27, 2008

September 17, 2008

October 15, 2008

____ VARSITY GIRLS

____ VARSITY GIRLS

____ VARSITY GIRLS

____ VARSITY BOYS

____ VARSITY BOYS

____ VARSITY BOYS

____ JV GIRLS

____ JV GIRLS

____ JV GIRLS

____ JV BOYS

____ JV BOYS

____ JV BOYS

____ JH GIRLS

____ JH GIRLS

____ JH BOYS

____ JH BOYS

____ INDIVIDUALS

____ INDIVIDUALS

____ INDIVIDUALS