

Zapata Hawks

5th Annual Cross Country Invitational

“The South Texas Stampede”



Date: August 23, 2008

Site: Zapata High School. Restrooms, showers, and water at finish line will be available.

Directions: From east HWY16, school will be on right hand side as you enter town.

From HWY 83, turn north on HWY 16, travel 3 miles school will be on left.

Parking: Buses and spectators may park in the main parking lot in front of the school.

Course: Dirt and grass course w/ long straights and moderate hills that circle the entire ZHS campus. Being that this is the first meet of the season, we don't want to lose any prospective young runners, so I've made adjustments to the distances normally run.

Divisions: Rolling schedule

Varsity Boys --5K (3.1 miles).....8:30am

Varsity Girls -- 3200m (2 miles)

JV Boys -- 3200m (2 miles)

JV Girls--2400m (1.5 miles)

Freshmen boys—2400m (1.5 miles)

Freshman girls – 1600m (1 mile)

} combined

Fees: \$5 per individual runner, \$50 per team or \$150 max per school;

Make checks payable to Zapata High School

Awards: 1. Team champion trophies and Team runner-up trophies in each division

2. Top 15 receive trophies in each division

3. Top 2 teams in the varsity divisions will receive (7) individual trophies

4. Winning Coach Plaque for varsity divisions

Contact person: Mike Villarreal 956-765-6542 wk 765-8930 hm 956-500-4451 cell

Or email: michaelrvillarreal@msn.com. Please fax attached page to confirm.

If your school is planning to attend the meet, please fill out this simple form and fax it or email me a confirmation. My contact information is listed below.

(956)765-9204 care of Mike Villarreal

Coach Mike Villarreal

Zapata Middle School

PO BOX 158

Zapata, Texas 78076

Yes, I accept the invitation

School _____

Coach _____

Address _____

Phone #'s _____

Check All Possible Divisions

JV Girls

JV Boys

Var Girls

Var Boys

Fresh Girls

Fresh Boys

Thank You and I hope to see you in August!