

2009 Frisco Invitational

Date: Saturday August 29th

Race site: Warren Park in Frisco

From Hwy 380 – Turn south on Preston Rd. (Hwy 289), travel about one mile and turn west on El Dorado Pkwy. Warren Park is located at the intersection of El Dorado Pkwy and Rogers Rd.

From Hwy 121- Turn north on Preston Rd. (Hwy 289), travel through Frisco. El Dorado Pkwy is about one mile north of Main Street (FM 720). Turn west on El Dorado Pkwy. Warren Park is located at the intersection of El Dorado Pkwy and Rogers Rd.

Course: The course has gradual hills and a mowed grass surface that crosses cement sidewalks in the park. **The Varsity Girls will run a 5K, JV Girls will run 2 miles.**

Check-in: 7:00 a.m. – 7:45 a.m.

Race Times: 8:00 Varsity Girls **5K** (Limited to **12** runners per team)
8:45 Varsity Boys **5K** (Limited to **12** runners per team)
9:20 JV Girls **2 Miles** (Unlimited number of runners)
9:50 JV Boys **5K** (Unlimited number of runners)

Awards: Team plaques for top 2 Varsity teams and winners in each JV division. Medals will be awarded for the top 20 individual finishers in each division.

Send Team Entry Form By August 15th to:

Jody Brown
Wakeland High School.
10700 Legacy Dr..
Frisco, TX 75034
FAX: 469 633-5750
brownj@friscoisd.org

Enter Athletes Online by Wed. August 12th

www.athletics.net

Entry Fees: Boys Team \$125.00 (includes JV and Varsity)
Girls Team \$125.00 (includes JV and Varsity)

Make Checks Payable to Frisco ISD and Send to:

Frisco ISD Athletic Office
c/o Edie Vaughn/Frisco CC Invitational
6950 Stadium Lane
Frisco, TX 75035

Meet Information:

Jody Brown – 469 633-5762

Frisco High School
Cross Country Invitational
@ Warren Park in Frisco

Coaches Name _____ Cell Phone _____

School _____ Work Phone _____

E-mail Address _____

Division (Circle)

Varsity Girls

JV Girls

Varsity Boys

JV Boys

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Wakeland High School
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Fax: 469 633-5750

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Send this entry form in by August 15th.